

WLEA/Sheridan Police Department Physical Fitness Standards

- The actual performance requirement for each test is based upon norms from a national population sample.
- Entry: The entry standard for both WLEA and the Sheridan Police Department can be attained by meeting one of the following requirements: (1) each participant **must** meet the 40th % level in each category assessed; or (2) accumulate a 50th % average of **all** categories assessed, with a **minimum** level of the 25th % in any category.
- Should a participant fail to attain the required level of fitness during the entry/testing assessment, he/she will **NOT** be eligible to continue in the testing process.